

Defining Psychological Disorders

Atypical

- a. Not conforming to type; unusual or irregular
- b. Not corresponding to the normal form or type; not typical

Disturbing

- a. To trouble emotionally or mentally; upset
- b. causing distress or worry or anxiety

Maladaptive

- a. Not assisting or promoting adaptation
- b. showing faulty adaptation

Unjustifiable

- a. Impossible to excuse, pardon, or justify
- b. incapable of being justified or explained