



## #1 Superfood in the world!

Active Greens is a premium source of synergistic, alkaline forming (helps promote proper pH balance), enzymatically alive superfood. The deep green natural foods contain concentrated sources of organic covalent minerals, Vitamins, essential amino acids, phytochemicals, enzymes, coenzymes, cell salts, chlorophyll, essential fatty acids, soluble and insoluble fibers, friendly probiotic bacteria with SBO's to aid in digestion and promote intestinal hygiene.

## What makes our Active Greens™ better than any leading brand?

**Soy Sprouts (organically & hydroponically grown) 1300 mg.** - The soy sprouts used in Active Greens are germinated in unique greenhouses from organically grown soy seeds. Our Soy is carefully harvested after 1-2 days growth when the enzyme activity is at its high. The young tender sprouts contain no allergy causing gluten, or polypeptide derivatives, alpha, beta, gamma and omega gliadins. The sprouting process activates the life force of seeds and beans. A breakthrough in sprouting technology called Hydro-Vac (patent pending) naturally deactivates trypsin inhibitors and transforms soy into a fully enzyme-active safe "living" food.

Other leading brands use soy lecithin. Soy lecithin is cheap petroleum processed dead soy isolate. As we know isolates act as medicinal substances in the body causing serious health problems with prolonged use.

Wheat Grass & Barley Grass Juice Powder 20:1 (organically grown) 1000 mg. - These tender grasses are grown under chemical free conditions high in the mountains where the top soil in some areas is up to 96 feet thick. Most of the wheat grass and barley grass in grown in areas where the top soil is only ½ " thick and the rest of it is found in health food stores growing in little plastic or Styrofoam containers. Our grasses are carefully harvested, washed, juiced immediately and turned into powder at room temperature to ensure the living nutrients stay intact.

Other leading brands are using wheat grass and barley grass powders instead of juice powders. Unlike most mammals our stomach is not four chambered and our intestinal tract is only about half the length. Most of the nutrients are lost since the grasses do not stay in our body long enough to break down & assimilate.

**Barley Malt (herbicide & pesticide free) 1000 mg.** - Barley Malt is primarily used for it's benefits to enhance the taste and flavor of the Active Greens. Barley Malt also helps to soften the stools to help prevent constipation. We only use gluten free barley malt.

**Apple Pectin (organically grown) 1000 mg.** - Only the best apple pectin goes in our greens. Apple fiber helps to maintain intestinal balance. It cleanses the intestinal tract with its soluble and insoluble fibers and slows down the rate of passage of Active Greens in the intestines allowing for better absorption. It also helps to block the absorption of toxic heavy metals and dietary carcinogens consumed in most commercial foods. Studies at the University of Florida College of Medicine by Dr. Cerda, indicates that polygalaturonic acids found in pectin, are effective in reducing the risk of coronary heart disease.

**Japanese Chlorella Regularis (organically grown) 750 mg.** - Chlorella is a freshwater, single-cell, green microalgae that has been on the earth for over 2.5 billion years. Scientists say that chlorella has survived due to its inherent ability to effectively repair its own DNA. To ensure that the this superfood stays alive we only used thin cell wall chlorella. Most leading brands use cracked cell wall chlorella (this process employs heat and may result in loss of essential nutrients).

**Hawaiian Spirulina Pacifica (organically grown) 750 mg.** - Spirulina has grown on the earth 3.5 billion years and is the basis of the food chain. It was the first photo-synthetic life form that helped create the earth's oxygen atmosphere. It is the most nutrient-rich phyto-plankton of any blue-green microalgae. Our spirulina is grown off the Kona Coast of Hawaii in deep protected pollution free waters.

**Nova Scotia Dulse (organically grown) 500 mg.** - The special dulse in Active Greens is hand harvested, washed with spring water, and solar dried. It has a nice, sweet taste, rather than the gritty sea flavor that many people associate with most dulse. Many nutritionists believe that kelp is too iodine rich and should only be used under the direction of a health professional. Dulse, on the other hand, contains a well balanced array of seasource micronutrients, and can be eaten daily.

Seven Dairy Free Probiotics & proprietary of Soil Based Oranisms (organically grown) 250 mg. Active Greens provide 7 select and viable dairy-free probiotic cultures in a base of 38 soil based organisms. SBOs break down food for maximum absorption: kill bacteria, yeast, fungus and parasites; creates new T cells & B cells ready to defend against pathogens, strengthens and maintains the immune system. Other leading brands do not contain SBOs and only contain 7 strains of probiotics that are unstable in high temperatures and must be refrigerated to ensure the maximum benefit.

Japanese Green Tea 30% polyphenols, 30% catechins, 15% EGCG (herbicide & pesticide free)
150 mg. – Polyphenols balance blood sugars and are strong anti-virals and anti-bacterials. Polyphenols assist digestion and the proliferation of "friendly bacteria" in the intestines. We never use decaffeinated green tea because this process destroys most of the anticarcinogen activity.

Camu-camu 50% natural vitamin C (Rumberry – organically grown) 100 mg. – Active Life used Camu-camu that is much higher in natural vitamin C and other vital nutrients. *Most leading brands contain Acerola Berry that contains only 17% natural vitamin C and is much lower in nutritional content compared to the Camucamu.* 

**Beet Juice Powder (organically grown) 100 mg. –** Organically grown red beet juice has been used to facilitate digestion as well as stimulate the kidneys and lymphatic system. According to the research carried out by Drs. Ferenczi, Seeger and Trub, red beet juice is believed to both stimulate and strengthen the peristalic activity of the bowels as well as the neighboring organs and glands: the liver, gall bladder, spleen and kidneys.

**Broccoli Sprouts 20:1-3 day old (organically grown) 75 mg. –** Broccoli Sprouts are a rich source of inducers of enzymes that protect against chemical carcinogens according to a study at the John Hopkins University School Medicine. Small quantities of crucifer sprouts may protect against the risk of cancer as effectively as much larger quantities of mature vegetables of the same variety. **Other leading brands of green superfoods do not contain broccoli sprouts.** 

Aloe Vera Extract 100:1, whole leaf (organically grown) 50 mg. – Our Aloe Vera is organically grown and is concentrated utilizing low temperature evaporation. Aloe Vera is a great combination of antibiotic, astringent, coagulating agents, anti-bacterial for the stomach and is very high in mucopolysachrides. We use 100:1 concentrate that is not found in other leading brands.

Japanese Ginkgo Biloba 50:1, 24% ginkgo flavones, 6% terpene lactones, .8% ginkolide B, A & Bilobalide (organically grown) 30 mg. – Our Ginkgo is specially cultivated and organically grown by family farmers in Japan. Organic farming yields leaves of extraordinary size that are hand picked during a critically short time period when terpene lactone is at its greatest. This helps preserve the terpene lactones found in the veins of the leaves-which easily oxidize when the tender leaves are damaged by less careful harvesting techniques often used by others leading brands.

Swedish Bilberry Extract 25% anthocyanidin pigment (herbicide & pesticide free) 30 mg. – Recent research shows interesting effects on visual functions, for which Bilberry became very popular during World War II. During that time, British pilots reported a dramatic increase in night vision after consuming Bilberry jam. French researchers in the late 1960s followed up on these reports, demonstrating an effective increase in activity of enzymes in the eye once Bilberry was in the system. Additional research shows that Bilberry extracts significantly improved dark adaptation: the length of time it takes our eyes to adapt to the dark after being exposed to the light.

**Stevia (herbicide & pesticide free) 15 mg. –** Stevia has been used as an anti-diabetic agent which may regulate blood sugar (while using it as a sugar substitute). Many users have also found it to reduce germ infection, swelling and bleeding gums, sore throat, etc.

## Visit our web site at www.activelife.com

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