

Issue Date: October & November 2010
Keep until December 1

Friendship Circle

a program for adults 55+

Program Director: Barbara Scharf
528-1182 • barbaras@jccsoco.org
Assistant Program Director: Jalena Bamberger
528-1476 • friendshipcircle@jccsoco.org

THE FRIENDSHIP CIRCLE IS A PROGRAM OF THE JEWISH COMMUNITY CENTER, SONOMA COUNTY



Hanukkah Party November 15
See insert for details!



Fun, Friends, Fine Food & Jewish Film Festival Tuesday, October 12

Join Friendship Circle for a no host dinner at 5:30 pm followed by a film at 7:15 pm.

We'll meet at **Jennie Low's Chinese Restaurant** for dinner, 140 2nd St., Petaluma, across from Boulevard Cinemas. The film is *Yoo-Hoo, Mrs. Goldberg*, a highly entertaining feature-length documentary that blends interviews with Ed Asner, Ruth Bader Ginsburg, Norman Lear, and Susan Stamberg, among others. 92 minutes in English.

You may bring your film series ticket; order a ticket at the JCC (528-4222); or arrange to have a ticket for you at the "will call" table on the night of the performance. We will have reserved seats for this Friendship Circle Outreach Event. This is a very popular film, so please make your reservations early.

RSVP by Tuesday, October 5 to Jalena Bamberger,
friendshipcircle@jccsoco.org or 528-1476.

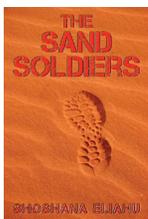


Canine Companions for Independence Wednesday, October 13

Join us for a demonstration of dog handling and training; a visit to the veterinary clinic, kennels, training rooms, dormitory, gift shop, agility field and landscaped gardens; and information about assistance dogs, breeding and puppy raising programs. Facilities are all *handicapped accessible* and tours are approximately one hour.
Meeting place: Main Entrance of CCI at 10:45 am, tour begins at 11 am

Lunch: Box lunch provided by Friendship Circle
Cost: \$12 for members; \$14 for non-members
Payment: Must be made in advance by sending in your check (payable to JCC) with name of event (CCI) to: JCC, 1301 Farmers Lane Suite C103, Santa Rosa, CA 95405
Transportation: Your own car (make an effort to carpool with friends and neighbors), or we can help arrange a ride. Address and driving directions are at the bottom of the insert in this newsletter.

RSVP by Wednesday, October 6 to Jalena Bamberger,
friendshipcircle@jccsoco.org or 528-1476.



Luncheon with Shoshana Eliahu Author of "The Sand Soldiers" Monday, October 25 at Noon

Shoshana Eliahu, born and raised in Tel Aviv, currently resides in the Bay Area and works for the Adult and Senior Services at the Contra Costa JCC in Walnut Creek. She has written a one-woman play, "An Evening with Golda Meir," which ran for a year in San Francisco.

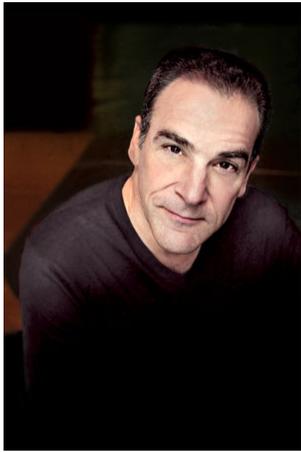
In "The Sand Soldiers," a momentous time in history brings together a man and a woman of two different cultures, whose peoples are perpetually at war in this compelling new novel. The author will be selling and signing books at the end of the program.

Luncheon Details: \$10 Friendship Circle members; \$12 for non-members, includes lunch and dessert. Payment is accepted at the door. Congregation Shomrei Torah is located at 2600 Bennett Valley Road, Santa Rosa.

RSVP by Thursday, October 21 at noon to Jalena Bamberger,
friendshipcircle@jccsoco.org or 528-1476.

Rides to lunches and events on the JFCS van are available upon request one week prior to date of event thanks to a grant from the San Francisco Jewish Community Federation.

October Theatre Excursion



Theatre & Deli Lunch, Sunday, October 24 *Compulsion* at Berkeley Rep starring Mandy Patinkin Lunch at Saul's Restaurant and Deli

Tony and Emmy Award-winning actor Mandy Patinkin makes his Berkeley Rep debut as Sid Silver, a man obsessed. When he learns about a young girl named Anne Frank and her extraordinary diary, Silver makes it his mission to ensure her tale is heard. But is the manuscript a work of art? A cultural treasure? Once publishers and producers get involved, it becomes “a very valuable product” – and his good intentions prove to be his undoing.

Lunch at Saul's Restaurant and Deli at Noon

Saul's Deli provides a culinary and cultural home to people looking for familiar foods: pastrami, matzo ball soup, blintzes and chopped liver.

They make foods that are celebrated and central to the traditional Jewish cuisine. Lunch will be a preselected menu for our group, and will include a beverage (coffee, tea, or soda), soup and one-half sandwich, dessert, tax and gratuity. (Lunch will include a vegetarian selection).



Cost: Members \$25 per person; non-members \$35 per person. **Includes:** transportation, snacks, lunch, and theatre.

Reservations: Limited number of seats available. Friendship Circle Members and those who have not been able to attend a recent excursion will be given first priority (at discretion of Friendship Circle Program Director). Please call the Friendship Circle office at 528-1476 or email friendshipcircle@jccsoco.org for reservations and information. As soon as we have confirmed receipt of your reservation by phone or email, you can mail in your check made out to the JCC, Friendship Circle, 1301 Farmers Lane, Suite C103, Santa Rosa, CA 95405. This will secure your reservation. Please write the name of the event on your check (Berkeley Rep).

Please make your reservations early so you don't miss out. We strongly encourage those who have never attended one of our excursions to sign up and give it a try. No one is ever turned away based on ability to pay. (Please speak to Barbara or Jalena in confidence.) Friendship Circle Program Director reserves the right to make decisions on attendance based on the grant mandate, we will do our best to accommodate all who want to attend, but will not have space for everyone. We hope you will understand.

Cancellation policy: All cancellations result in a \$5.00 administration fee. Each trip has its own policy, but generally a full refund (less the \$5.00) is given if the cancellation is prior to the following schedule: One week (with no tickets); two weeks (with theatre or other tickets).

Medical Form: For all trips you must have an updated medical form by date of departure. You can call if you have any questions. We will send you a new medical form before the day of the trip, if necessary.

BUS SCHEDULE:

10:30 am Jewish Community Center, 1301 Farmers Lane, Santa Rosa (parking lot on Vallejo Street in back of building).

11:00 am Petaluma Community Center (320 N. Mc Dowell Blvd., Petaluma)
Please let us know in advance if you are being picked up in Petaluma.

4:30 pm Depart Berkeley Rep



This event is funded by a grant from the JCF Senior Excursion Fund. This Fund helps enable seniors to remain active and connected to the community through attendance of cultural and performing arts events. This fund was piloted by the Clo Merle Memorial Philanthropic Fund with additional support from the Alexander M. and June L. Maisin Foundation and the Bernard Osher Jewish Philanthropies Supporting Foundations, and the Jewish Community Endowment Maimonides Fund.

Clubs & Classes & Announcements

Mah Jongg with Carol Jarvis

Instructor will supply everything necessary to play. Please make reservations in advance so we have enough supplies for everyone. All levels welcome.

Location: Upstairs at the JCC (no elevator)

When: 2nd and 4th Tuesday of each month, 1 - 3 PM

Donation: \$2 per class paid at the door.

RSVP: The Friendship Circle office at 528-4222.

Life Stories & Memoir Writing

Ongoing writing workshops with Suzanne Sherman. Suzanne is an editor and author, and has been adjunct faculty at SRJC for over 12 years. For all sections below, there is NO FEE. For more information, call Barbara Scharf, 528-1182.

Sponsored in collaboration with SRJC Seniors Program.

- **Santa Rosa|Lodge at Paulin Creek**, Tue., 10 am-noon
- **Sebastopol|Sebastopol Sr. Center**, Tue., 1:30-4:30 pm
- **Santa Rosa|Spring Lake Village**, Thu., 10 am-1pm
- **Santa Rosa|Oakmont Gardens**, Thu., 2-5 pm

Yiddish Petaluma

1st & 3rd Friday of each month at 1:45 pm

Classes are held in private homes, for more information: Belle Ganapoler, 664-1256 or bganapoler321@comcast.net.

Yiddish Santa Rosa - No class in October

November classes are scheduled for Wednesday, November 10 and 17 from 1:15-2:15 pm. The Yiddish Studies Class is at **The Lodge at Paulin Creek**. This is a drop in class and there is no fee. Days and times are subject to change, so it is best to contact the instructor if you are new. For more information: Loretta Denner, 566-1955

There will be no exercise class on Friday, November 26 and Wednesday & Friday, December 29 & 31.

Exercise Class

Location: Congregation Shomrei Torah (Sanctuary), 2600 Bennett Valley Road, Santa Rosa.

When: Wednesdays & Fridays, 10:15 to 11:30 am

Fee: No fee; drop in anytime; open to all.

Contact: Barbara Scharf, 528-1182.

Sponsored in collaboration with SRJC Seniors Program

Judaic Studies Class

Ongoing program; you may begin at any time.

Location: Merrill Gardens at Rohnert Park, 4855 Snyder Lane, Rohnert Park.

When: 4th Wednesday of each month at 2:30 pm

Fee: No fee

How: Advanced registration required. Contact Judith Goleman at 829-1670 for more information.

Sponsored jointly by Friendship Circle and Merrill Gardens.

Thank You ☺ Thank You

- **Thank you** to everyone who has sent in their membership dues for 2010/2011. We greatly appreciate your support.
- For contributions to Friendship Circle we want to thank the following people: **Beth Gaunt, Lily Cranston** and friends, **Lillian Judd, Mark Rosen**
- **Ken Marcus** in honor of **Marcelle Marcus' 80th birthday**
- **Judy Vance, Edee Sternfield-Squires, Pat and Bill Thomas, Natalie Friedman, Ruth Turner, Judi Hyman, Vicki Kalish, Diane Dorfman** in memory of Frances Kaplan
- **Arthur & Helen Margolese** in memory of Meryl Sunshine
- **Ray Kaplan** and family in memory of Frances Kaplan

The family of Frances Kaplan would like to express our heartfelt gratitude to the "Friends" of Friendship Circle who gave our Mom the additional gift of making her "after time" as sweet and Frances-appropriate as could be by your attendance and support at her Memorial. The warmth, cooperation and positive energy you bestowed on us was felt and tremendously appreciated by all of our family. Our most sincere wishes to you and all your loved ones for a Happy and Healthy New Year.



Save the Date

December 13 Luncheon at Congregation Shomrei Torah
February 27, 2011 Simcha Sunday & Yiddish Culture Festival

JFCS RIDES 

A program of JFCS' Seniors • At • Home

Transportation for medical appointments, shopping, visiting, banking

Call (707) 571-8533

www.SAHsonoma.org
Seniors • at • Home is a division of Jewish Family and Children's Services



JEWISH COMMUNITY FREE CLINIC
490 CITY CENTER DRIVE
ROHNERT PARK, CA 94928

FREE medical care for the uninsured, without regard to ethnicity, race or religion.
URGENT need for doctors, nurse practitioners, nurses, social workers and translators.

~PLEASE VOLUNTEER~

707/585-7780 telephone • 707/585-7784 fax



Jewish Community Center

SONOMA COUNTY
1301 Farmers Lane, Suite 103
Santa Rosa, CA 95405

Issue Date: October 2010

ADDRESS SERVICE REQUESTED

Friendship Circle

NEWSLETTER

This newsletter is a periodical issued monthly.
It is published by the Jewish Community Center, Sonoma County.
All members receive this periodical free.

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♥ We Appreciate Your Generosity ♥

You may make a tax-deductible contribution directly to Friendship Circle:

♥ In honor of an event or someone who is a light in your life

♥ In tribute to the memory of someone you hold dear

We will send a tribute card to the person being acknowledged. I am contributing \$ _____ to Friendship Circle.

Please print all names exactly as you wish them to appear: designate Mr., Mrs., Ms., Miss

In Memory of: _____

In Honor of: _____

Contribution from: _____

Address: _____

City/State/Zip: _____

Please send an acknowledgement to: _____

Address: _____

City: _____ State/Zip: _____



Friendship Circle is a program of the Jewish Community Center, Sonoma County which is a 501(c) 3 non-profit corporation, a Beneficiary of the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties.

The mission of the Jewish Community Federation is to foster and enhance Jewish life here at home, in Israel, and around the world by caring for the vulnerable, providing Jewish education for our children, engaging our interfaith families, promoting peoplehood and Israel and providing aid in times of crises.

We are also grateful to be funded, in part by a grant from the Jewish Community Federation. Support from the Jewish Community Federation is not enough. We depend on members of the Friendship Circle Community for donations and support.

FRIENDSHIP CIRCLE HANUKKAH PARTY

MONDAY, NOVEMBER 15



11 AM - 2 PM

Congregation Shomrei Torah
2600 Bennett Valley Road, Santa Rosa

11:00 am

Shopping & Schmoozing

A great opportunity to purchase jewelry, notecards, quilted items, pottery and unique handmade crafts as gifts for the holiday season ahead.

12:00 pm

Lunch is Served

Delicious Hanukkah Buffet Lunch with Latkes, of course!
Catered by Andrea Nett, Wine Country Kosher Catering.

1:00 pm

Candlelighting with Rabbi Gittleman

Remember to bring your own menorahs for this bright and sparkling ceremony!
We'll provide the candles.

1:15 pm

Musical Entertainment

Luncheon Details

- ◆ The fee for this special event is \$12 for members and \$14 for non-members and includes lunch and dessert.
- ◆ Payment is accepted at the door.
- ◆ Reservations are required no later than Thursday, November 4 (so that we shouldn't run out of latkes).
- ◆ Call Jalena at the JCC, Friendship Circle office, 528-1476 or friendshipcircle@jccsoco.org to reserve.



November Theatre Excursion

HAPPY NOW? Marin Theatre Company Sunday, November 14 2-4 pm show time, 4-4:30 pm discussion



Happy Now? In this scathingly funny new British play, Kitty is teetering on the edge of burn-out. She dexterously juggles executive responsibilities, parenthood, a frustratingly detached and idealistic husband, needy divorced parents, and bickering friends until the temptation of infidelity throws everything into question. Coxon's stinging observations about the complexities of contemporary married life cut to the bone. A hit in London and New York, *Happy Now?* will leave audiences aching with laughter.

Cost: \$25 members; \$35 non-members. **Includes:** Bus transportation, box lunch at the theatre, and show.

Reservations: Limited to 25 passengers. Friendship Circle Members and those who have not been able to attend a recent excursion will be given first priority (at discretion of Friendship Circle Program Director). Please call the Friendship Circle office at 528-1476 or email friendshipcircle@jccsoco.org for reservations and information. As soon as we have confirmed receipt of your reservation by phone or email, you can mail in your check made out to the JCC, Friendship Circle, 1301 Farmers Lane, Suite C103, Santa Rosa, CA 95405. This will secure your reservation. Include the name of the event with your check (Happy Now). **Please make your reservations by Thursday, November 4 so you don't miss out.** We strongly encourage those who have never attended one of our excursions to sign up and give it a try. No one is ever turned away based on ability to pay. (Please speak to Barbara or Jalena in confidence.)

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BUS SCHEDULE:

12 pm Jewish Community Center, 1301 Farmers Lane, Santa Rosa (parking lot in back of building on Vallejo Street).

12:30 pm Petaluma Community Center (320 N. Mc Dowell Blvd. Petaluma)
Please let us know in advance if you are being picked up in Petaluma.

4:45 pm Depart Mill Valley

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Address and directions to CCI, Jean and Charles Schulz Campus 2965 Dutton Avenue, Santa Rosa CA 95407

Traveling on South Bound 101

Take Hearn Avenue Exit. At the stoplight make a left on to Corby Avenue. Drive past all of the car dealerships. At the last dealership the road curves to the right. At that point Corby Avenue turns into Bellevue Avenue. Continue traveling west on Bellevue until you come to a four way stop. At the four way stop you will be on the corner of Bellevue and Dutton Avenue. Make a right turn onto Dutton Avenue. Continue traveling north on Dutton Avenue. CCI is the last two driveways on the left side of the road. The first driveway is the service entrance. The last driveway is the main entrance to the campus.

Traveling on North Bound 101

Take the Todd Road exit. At the stoplight make a right and go back over the freeway overpass and get in the right hand turn lane. Turn right and immediately get in the left hand turn lane. At the stoplight make a left onto Morland Avenue. At the next stoplight make a left onto Todd Road. Traveling west on Todd Road take the right, which is Standish Avenue. Standish Avenue will automatically turn into Dutton Avenue. Continue traveling north on Dutton until you reach the intersection of Bellevue and Dutton Avenue. Proceed through the intersection and continue traveling north on Dutton Avenue. CCI is the last two driveways on the left hand side of the road. The first driveway is the service entrance. The last driveway is the main entrance to the campus.

Address and directions to CCI