

# THE BULLETIN

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To promote the science and art of medicine, the care and well being of patients, the protection of the public health, and the interests of the medical profession.

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# Moving Forward

## HAL GROTKE, M.D.



When I accepted this position I was warned that the hardest part is writing this article every month. I certainly never doubted that. I was fortunate for the first four articles there was the looming, then dead, then revived, federal health care reform. Now that is mostly done. Much of the fine tuning that will need to be done won't be clear until various facets of the law go into effect. My day-to-day work doesn't seem any different. I don't know whether I will notice much of a change over the coming few years during implementation, clarification and alteration. A few things that seem clear are that the health care reform law will not be repealed in the legislature and that there will not be a single payer solution or even a public option for the foreseeable future. It is time, now, to move past that and revisit the details as they become pertinent.

In the few weeks since I last wrote there have been other significant events. Probably the most important of those with regard to medical care locally involves doctors only rather indirectly. I write, of course, about the recommendation of the Academic Senate at Humboldt State University to "suspend" the nursing program at that school. It is still not clear whether Provost Snyder will carry on that recommendation to University President Richmond. If he does so it is not clear whether Dr. Richmond will continue down that path and actually close the program.

Some things are clear. First the State of California and HSU, as a subsidiary of the state, are in deep financial doo-doo. Cuts have to be made. Second, the students currently enrolled will be allowed to finish. Third, the AA-RN program at College of the Redwoods and the BSN program at HSU, combined, cannot keep pace with the workforce demand for new nurses on the North Coast. Those who employ nurses locally seem to have almost as much difficulty recruiting nurses to the area as the community has at recruiting physicians. The community needs both of these programs and could probably use another source for training nurses. The medical society and many other people and organizations in the area will continue to fight to save the HSU nursing program.

Humboldt County also had a visit from Congressman Thompson during the recent recess. You can read about several of his meetings in a recent edition of the NorthCoast Journal. What you won't read about there was his meeting with the Medical Society. One big highlight in my mind was the Congressman's suggestion that tort reform probably would not play a significant role in reigning in health care costs. He seemed unaware of the cost savings afforded by MICRA. He commented a few times that *per capita* costs are high in California relative some other states and acknowledged that those higher costs were incurred mostly because of poverty but also because of ethnic

diversity in our state. I think the higher cost in California would be even greater without MICRA. We are already working on educating Mr. Thompson about the benefit of MICRA even though it is really a state issue and he serves in US Congress.

A local event very significant to the medical society is the recent loss of Penny's assistant Beci. Penny is now pretty much on her own holding down the fort. Like the State, the Medical Society has fallen on hard economic times. We could no longer afford to pay Beci and she has moved on to greener pastures. We certainly wish her well. We also appreciate she will continue to be available episodically to help with specific tasks. Penny, of course, has been the life blood of our organization for quite some time. Her job just got much more demanding. We are struggling to come up with methods to increase the income of the Medical Society. Our major source of income is membership. More than ever before, we are asking all our members to help recruit our colleagues who currently are not members to join us. The immediate benefit is, of course, the very survival of the medical society. The ultimate greater benefits are strength in numbers and diversity of opinions. (please refer to my article last month) §

## Where Have all the Flowers Gone

EMILY DALTON, M.D.

Last month I attended a conference entitled: *Books, Memoirs and Other Creative Nonfiction* at Harvard. It's a great course, and I highly recommend this method of getting CME credit for writing, having fun, and networking with people in the publishing business.

Self-help books, medical texts, and memoirs comprise the 3 main categories of medical nonfiction. The publishing world is very interested in books that will sell lots of copies and make money. I don't know why I was surprised by this. (We all need to get paid for our work.) Maybe it is because I live in a remote rural area, or that I have my head in the clouds. Naively, I figured the compensation for one's writing would be roughly commensurate with the quality. I expected the publicists, agents, and editors to be interested in one's prose, one's command of the English language, and one's writing style--but instead I found myself being asked about my TV appearances. Why would a writer want to appear on TV? If I wanted to be on TV, I would be at a conference for actors. I checked my syllabus—I was in the correct place.

Of the three main entry points into the world of publishing, the most popular for physicians is the self-help genre. The pathway goes like this: start with a "hot" topic bound to generate immediate interest from a

target market. Ideally this would be a topic so engrossing that your intended buyers will be compelled to open their wallets and purchase your book right away, instead of going home and seeing if they can download something similar for free. Typical book ideas include using cutting edge knowledge of neurobiology to improve one's functioning, a new spin on how to lose weight, or how to deal with some common but specific physical/mental disorder.\* In order to be legitimate, the physician backing the book must be an "expert" on the topic, but in addition, he/she must be somewhat of a celebrity (hence the TV appearances). It really doesn't matter if the doctor-author can write or not, because there are many excellent underemployed writers who will write the book for you. Nevertheless, the best books in this genre are written out of altruistic passion by physicians who have a unique sort of help to offer and see an unfulfilled need for their expertise. They certainly don't do it for the money. Most of us could make more in a month doing our day jobs than we would earn for a year's work on a full-length book.

Success in publishing is all about having a "platform," which contrary to common understanding is not a sturdy, flat, wooden structure. A platform is a publishing term for your public persona and your professional reputation and accomplishments. In order to build that platform, you have to do things that most

of the rural physicians I know abhor: Give speeches, get on television and radio, and talk to reporters and the press. I don't know about the rest of you, but I have learned that the press is not usually our friend. They misquote the things we say and get us into trouble with people we did not mean to offend. Besides, most of us in rural areas are so inundated with demands from large numbers of patients, the obligations of running a business, hospital duties, committee responsibilities, and being on-call that inviting additional (unpaid) professional social contact into our lives is completely unappealing

The Times-Standard called me recently and left a message requesting that I write a newspaper column. Flattered, I returned the call and found out that they wanted me to pay a significant fee to regularly compose something for the newspaper. At first I thought I had misheard the proposal.

"So, let me make sure I understand you correctly," I asked the representative. "You want *me* to pay *you* so I can write a column for your newspaper?"

"Yes."

"And why would I want to do that? I am accustomed to being paid for my work, not the converse."

"To promote your medical office" (only then did it dawn on me that this was a clumsy attempt to get my advertising business).

The sales agent was clearly

## Nominate an Outstanding Colleague for the CMA Foundation Leadership Awards

The compassion and commitment of California's health care professionals is worthy of recognition by their peers and members of our communities. The California Medical Association (CMA) Foundation is accepting nominations for the 2010 Leadership Awards which celebrate the efforts of individuals or organizations that make a difference in the health of Californians. Nominations are being accepted for the following prestigious awards:

### **The Adarsh S. Mahal, MD Access to Health Care and Disparities Award**

The Adarsh S. Mahal, MD Access to Health Care and Disparities Award was established in 2007 by CMA President Anmol S. Mahal, MD and his wife Surjit K. Mahal, MD to honor an individual or organization that has

demonstrated extraordinary interest and efforts toward improving access to health care or reducing health care disparities in California.

### **The Ethnic Physician Leadership Award**

The Ethnic Physician Leadership Award recognizes an individual physician for his or her contributions toward the health of various ethnic communities and has shown great success in eliminating health disparities, addressing access to care and improving cultural competency and patient advocacy.

### **The Robert D. Sparks, MD Leadership Achievement Award**

The Robert D. Sparks, MD Leadership Award is given annually to an individual or organization that has demonstrated extraordinary interest and

efforts in improving community health consistent with the mission of the CMA Foundation to champion improved individual and community health through a partnership of leaders in medicine, related health professions and the community.

Please take this opportunity to acknowledge the determination and tireless work of your colleagues by submitting your nominations to the CMA Foundation by June 30, 2010. Nomination forms and information for each award is available in the "What's New" section of the Foundation's web site [www.thecmafoundation.org](http://www.thecmafoundation.org). If you have any questions, please feel free to call Carol A. Lee, Esq., President and CEO of the CMA Foundation, at 916.779.6622 or e-mail [clee@thecmafoundation.org](mailto:clee@thecmafoundation.org).

### **"Opinion" Continued from page 3**

on writing medical thrillers. He placed emphasis on the story line, and like an ugly appendix, took pains to surgically excise any "flowery language" that crept into his work. He did not want to the reader distracted from the unfolding of events, and his goal was for the reader to turn the pages so quickly that his arms would get sore, and at the end, sink back in satisfied exhaustion. Other writers, like Katherine Russell Rich, spoke about topics including how to create a beautiful and engaging memoir. Although the imperative to create moving drama and the fickle yet fluctuating nature of memory result in a necessary blurring of the line between truth and fiction, it is clearly NOT ok to invent your memoir entirely. I bought two copies of

her latest book, "Dreaming in Hindi," which is wondrous. She is the kind of author who wouldn't mind if the reader stopped along the way to smell the flowers.

Overall, I highly recommend experienced physicians do continuing medical education outside their direct field of expertise. After a certain point, most of what we hear at our specialty courses is review, and thereby boring. Branching out is an excellent way to add needed variety and excitement in our professional lives.

\*During the week of March 28, number three on the *New York Times* nonfiction list combines all three of those concepts: *Change Your Brain, Change Your Body*, by Daniel G. Amen is about using the brain-body connection to lose weight and avoid depression. §

## **Your membership in CALPAC will make a difference.**

Please join your colleagues in supporting CALPAC -- CMA's political action committee-- and help strengthen our political voice.

By joining CALPAC, you help support candidates who share our philosophy and vision of the future of health care and medical practice.

### **CALPAC**

**1201 J Street, Suite 275  
Sacramento, California 95814**

**1-800-CALPAC-9**

**CALPAC** 

## ***IMQ ACCREDITATION***

# **Jail & Juvenile Hall Accreditation**

The Humboldt County Correctional Facility, Juvenile Hall & Regional Facilities have been awarded a **Two-Year Accreditation** by the C.M.A. Institute for Medical Quality (IMQ) for meeting medical standards for Adult Detention Facilities and Juvenile Hall Detention Facilities. Each facility earned its status of recognition by meeting 100% of the applicable IMQ “Essential” and “Important” Standards relevant for each facility.

Humboldt County is to be congratulated for meeting these health standards. The facility, their staff and the local community all benefit when the health care is found to meet standards developed by the medical profession. Implementation of these standards results in more effective health care delivery, greater cost efficiency and better overall health protection for the community.

The accreditation process is rigorous. Evaluations of jail and juvenile hall health services under the IMQ accreditation program are conducted by practicing physicians, registered nurses, and mental health clinicians who are members of the IMQ’s Corrections and Detentions Health Care Committee. The survey

team is lead by physicians with experience in corrections and detentions medicine. The standards originally developed by California Medical Association (CMA) cover 63 aspects of care. These include administration, personnel, care and treatment, pharmacy, medical records and medical-legal concerns. The IMQ Accreditation is voluntary.

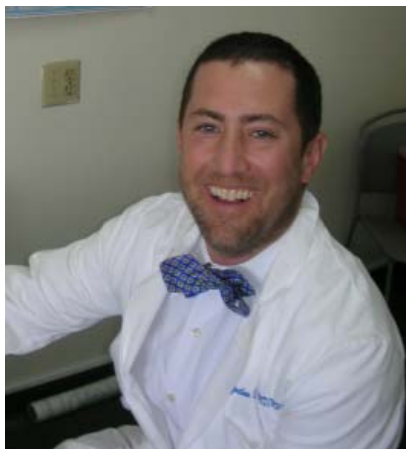
The California Medical Association began its jail health program in 1979, in cooperation with the AMA. The program began by offering on-site review and consulta-

tion to California jails seeking national accreditation. Since then, the program has been transferred to CMA’s subsidiary, the Institute for Medical Quality (IMQ), and services have been greatly expanded by providing survey teams, and consultations to correctional facility and juvenile hall administrators.

**Congratulations to Michael Burleson, M.D.**, Medical Director for both facilities! Several key individuals from the medical units at both the jail and juvenile hall, including mental health were recognized for their outstanding efforts. §



Luther Cobb, M.D., (Past President Humboldt-Del Norte County Medical Society, Vice-Speaker CMA HOD and CMA Board of Trustees representative to the Institute for Medical Quality Board), presented Sheriff Gary Philp and Chief Probation Officer, Doug Rasines the Accreditation Certificates at the April 20, 2010 Humboldt County Board of Supervisors Meeting. §



### **Jonathan Rutchik, MD, MPH**

is a physician board certified in both neurology and occupational and environmental medicine from the SF Bay area.

He visits the Eureka/Arcata area every 3-4 months to perform worker’s compensation Neurology consultations, EMG and NCV testing and Qualified Medical Examinations including AMEs.

Please call his office to schedule an appointment.

TEL: 415-381-3133  
FAX: 415-381-3131

EMAIL: [office@neoma.com](mailto:office@neoma.com).  
WEBSITE: [www.neoma.com](http://www.neoma.com)

**ANN LINDSAY, M.D.**

*Humboldt County Public Health Officer*



**The first week in April is National Public Health Week.**

The Humboldt County Public Health Branch has traditionally celebrated Public Health Week by recognizing community members who have contributed significantly to local public health, making a presentation to the Board of Supervisors during Public Health Week. This year, **Penny Figas**, HDNCMS Executive Director, was a recipient of an Excellence in Public Health award for her contribution to Emergency Preparedness!

Penny consistently links the local medical society and its members to Public Health. She provides current contact information for medical providers, transmits critical messages from Public Health to the medical community and works with PHB staff to improve communications. Until recently, she has convened quarterly medical/health disaster committees and upon request pulls together PHB advisory committees from medical society members to advise on issues such as the roll-out of vaccine and infection control measures.

**Briley Stiffler** of Eureka OB/GYN was recognized for her contribution to Communicable Disease Prevention. Briley was a crucial collaborator with PHB, organizing vaccination clinics for pregnant women and children under the age of six months. Additionally, Briley offered and provided extra vaccine storage space to PHB and cheerfully assisted PHB with the redistribution of the stored vaccine. Briley and her staff were able to fill a gap that PHB was unsuccessful in reaching alone, making hers a significant contribution to Humboldt County's response to the H1N1 pandemic.

**Melanie Bettenhauser** of the North Coast Co-Op was recognized for Community Building and Health Promotion for her work with Humboldt CAN (Community for Activity and Nutrition), CAFF (local farmers), HumPAL (Partnership for Active Living) and Food for People. She champions issues such as active transportation, health promotion, food security and food access, and community-building activities.

**Linda Shepard** of the North Coast Children's Services was recognized for her contribution to Children's Dental Health. She leads the Head Start Health Advisory Committee and has successfully facilitated dental service to over 200 Humboldt County children each year. She provides a personal contact between the family and the providers, which has often included accompanying families during Saturday visits to the dentist.

**Sean Swanson** of the River Life Foundation was recognized for his contribution to Environmental Health. Sean founded the River Life Foundation and organizes liter and debris clean-ups on public lands along a stretch of the Eel River between

Fortuna and Ferndale. The January 24, 2010 clean-up took 5,000 pounds of waste off the river bar to a permitted disposal facility. He works with the house-less population that call this stretch of the eel River home to keep the river clean.

**Wes Green** of Wes Green Landscaping was recognized for his contribution to Environmental Health/Water quality. He provides quality work in installation, operation and maintenance of on-site wastewater treatment/disposal systems throughout Humboldt County. He helps county staff to areas requiring sewage disposal remedies.

**Kimberly Comet** of the Humboldt County Office of Education was instrumental in facilitating collaboration between Public Health and the schools during the H1N1 school-site vaccine campaign. She ensured that legal concerns were addressed up front, disseminated information to participants, and made sure problems were resolved in a timely, collaborative manner.

**THANKS TO ALL THESE PUBLIC HEALTH HEROS!**

**CURRENT OPENINGS ON HUMBOLDT COUNTY BOARDS, COMMITTEES & COMMISSIONS:**

Alcohol and Drug Advisory Board  
Area 1 Development Disability Board  
Emergency Medical Care Committee  
**Mental Health Board**

Please let the Medical Society know if you're interested in appointment to any of these committees or wish additional information.

April 19, 2010

EXECUTIVE DIRECTOR UPDATE was presented as follows:

The meeting was called to order by President, Hal Grotke, M.D. at 7:00 p.m.

**DISCUSSION** was held regarding letter regarding a recent incident at St. Joseph Hospital and the availability of medications after hours. Mentioned that there is a revised policy in place now on how to address the situation. Suggested forwarding a copy of the policy to the Executive Board for review.

**M/S/C** to approve the following items on the "Consent Calendar", as presented:

- Reading of the minutes, March 15, 2010, as presented.*
- Physician Coming/Going Grid, to file.*
- Society Budget Report/Balance Sheet, as presented.*
- Consortium Budget Report/Balance Sheet, as presented.*
- Legislative Hot List 4-12-10, to file.*
- CMA Regulation Quick List 4-13-10, to file.*
- New NORCAP/CMA Group Disability/Life, to file.*

**DISCUSSION** followed regarding the status of the proposed Medicare cuts. Mentioned that there has been an additional two month delay till the end of May. Agreed that we must have a long term fix.

**DISCUSSION** followed regarding the draft letter from the Treasurer advising the membership of the Medical Society's financial state and encourage members to share their ideas on non-dues income revenue options AND the importance of enlisting our members help in our recruitment efforts. Agreed that it probably was not a good idea to increase dues amounts at this time, we need to educate physicians on the value and benefits. M/S/C to send the letter and make follow-up calls.

**PRESIDENT'S REPORT** was presented as follows:

- represented the Medical Society at the Health Care Forum with Congressman Mike Thompson on April 8th with other local health-related agencies.
- reported on the evening meeting with member physicians and Congressman Mike Thompson discussing Healthcare Reform, which had a good turnout.
- reported attending the meeting with the HSU Academic Senate regarding the proposed cut of the HSU Nursing Program. Quote was included in the Times Standard. Mentioned also interviewing with the Northcoast Journal. The communication that was sent to HSU was also forwarded to our local legislative representatives and the media.

**-Reported** still looking to fill the Medical Society seat on the County Emergency Medical Care Committee.

**-Mentioned** working with Palmetto to get the word out to the Office Managers regarding a local Medicare Update seminar. Increased awareness and attendance significantly. Notified all Rural Health Clinics and Federally Qualified Health Clinics re: an upcoming webinar specific to their issues on 4/21/10.

**-Re-sent** CMA Press Release regarding the proposed Medicare Cuts, to the media.

**-forwarded** memo from CMA Legal to Office Managers re: California Use Tax, discussing the taxability of items that may be purchased by physician offices for patient care.

**-Reported** scheduling presentation to the Humboldt County Board of Supervisors for presentation of accreditation certificates for the Humboldt County Correctional Facility and Juvenile Hall on April 20th 9:30 a.m. Press release will be sent. Dr. Cobb has agreed to make the presentation.

**-Mentioned** candidate Meet-and-Greet event with Senate candidate Noreen Evans scheduled for 4/23 @ 5:30 p.m. Dr. Cobb will attend the event as Legislative Chair.

**-Mentioned** postponement of the CMA 's Best Practices Seminar "Everything Physicians Need To Know About Their Practice" which was scheduled for **MAY 5, 2010**.

**-Reported** on next scheduled meeting dates for committees.

**-Reported** that CMA has offered to work with the small counties in extending their Human Relations arrangement with TriNet. Penny mentioned she is currently reviewing the

information and will forward it to the Exec Board.

**-Reported** working with NORCAL to develop this year's Risk Management Seminar(s).

Questioned whether should just focus on a physician program or continue to develop two programs - one for physicians and one for Office Managers/Administrators. Agreed that the program is very valuable to both and we should coordinate the two programs.

**PUBLIC HEALTH UPDATE** was presented in writing as follows:

-Public Health is still encouraging H1N1 vaccination because the possibility of a "Third wave" of H1N1 activity. Vaccine is available for medical practices. Free H1N1 vaccination is available at the Public Health Clinic. Public Health Staff will take free vaccine to any location where there might be 20 people interested in immunization (e.g. senior center, church.)

-There have been 9 measles cases in the state so far this year. Exposure to unvaccinated people occurred during travel. PH sent out a health alert reminding providers to vaccinate, particularly in advance of international travel.

-Penny Figas was awarded an "Excellence in Public Health" award during Public Health Week April 6 for her help in communicating emergency preparedness messages from Public Health to the Medical Community and for convening the Public Health Advisory Committee at the request of the Health Officer to guide immunization strategies. Thank you Penny!

-I will give an update of local health statistics during Grand Rounds May 6. I will include a recap of H1N1, the County Health Status Profiles rankings, and the data behind our ranking at 58 worst of 58 counties for drug related deaths and recommendations for physicians from the Alcohol and other Drug Death Review.

**CMA TRUSTEE UPDATE** was presented as follows:

-Update was presented regarding CMA's withdrawal from participating in the California Physician Performance Initiative (CPPI). CMA will be working with our Institute for Medical Quality (IMQ) to help develop real quality parameters that we can encourage the health plans to utilize.

-Reported on the Health Care Reform legislation and the decision not to come out in support, but to identify what was good and what areas that still needed work. Repeal of the SGR and GPCI fix has to happen.

-Reported on the grant CMA recently received to evaluate electronic health record (EHR) systems. Staff is currently working on the specifics.

**DEL NORTE UPDATE** was presented as follows:

-reported showing the Physician Recruitment Video and website to the Del Norte Physician Recruitment and Retention Committee. The group did comment they would have liked to see more Del Norte specific pieces. Mentioned that there is still the ability to add additional "bonus" clips to the site, however, those bonus clips need to be funded separately.

**TREASURER REPORT** was presented as follows:

-mentioned that due to budget constraints, we are trying to get some staffing through the Economic Stimulus Program locally, however, there are a lot of businesses locally that are also looking to hire through the program.

-discussed coordinating a fund-raiser raffle. Several offers of donations were made and several suggestions offered. Executive Board was encouraged to help find raffle items for the Spring Social and future fundraisers.

**LEGISLATIVE UPDATE** was presented as follows:

-reported that the CMA Legislative Day is scheduled for Tuesday, April 27th in Sacramento. All members are strongly encouraged to participate. CMA developed a *Physician Legislative Guide*, a copy of which was included in the Consent Calendar.

**MEMBERSHIP COMMITTEE REPORT** was presented as follows:

-reported on those members who did not renew for 2010. All have been sent a non-renewal survey to get some feedback.

-Shared copy of the CMA "Membership Minute" and "Overcoming Objections to Join".

-Update was presented regarding the contract St. Joseph Hospital negotiating for management of their Emergency Room and Urgent Care with CEP. Mentioned that North Coast

Emergency Physicians will not be renewing their contract with the hospital.

-proposed the following changes to the ByLaws for the Membership Committee:

#### MEMBERSHIP COMMITTEE

1. COMMITTEE MEMBERSHIP: the members shall include a Chairperson, the President-Elect, and one member-at-large of the medical community. The Executive Board *is also responsible for member recruitment and retention efforts.* ~~Has the option of fulfilling the duties of the membership committee.~~

8. DUTIES: Committee shall assist in membership recruitment and retention activities. *The Committee shall help plan and promote annual social events (i.e. Spring Social, Family Picnic, etc.)*

M/S/C to include these changes along with the proposed By-Law revisions for the next scheduled By Law Committee review.

#### EXECUTIVE COMMITTEE

8. DUTIES. ADD:

*The Executive Committee shall also assist in membership recruitment and retention efforts.*

M/S/C to include these changes along with the proposed By-Law revisions for the next scheduled By Law Committee review.

LEADERSHIP ACADEMY UPDATE was presented.

-Reported that there was a fabulous

presentation titled "If Disney Ran Your Hospital - 9 1/2 Things You Would Do Differently". Encouraged reading the book authored by Fred Lee.

**DISCUSSION** followed regarding the hassles with paperwork and delays in applying for Medicare provider numbers. For physicians who already have their Medicare numbers, the process should be expedited. M/S/C to draft a letter of concern regarding the paperwork, delays and hardships caused when going through the Medicare application process and send a copy to Congressman Mike Thompson. M/S/C to also draft a resolution for the CMA House of Delegates.

**DISCUSSION** followed regarding medical release of information. Shared several examples of documents that clearly do not protect the patient (or the physician) from releasing of information. Suggested that a resolution be crafted for the CMA House of Delegates and presented it at the May Exec Board meeting.

**MENTIONED** that under the auspices of the Public Health Advisory Committee, we're working on pulling together a Pain Management Ad Hoc Committee to review and update the Pain Management Resource Guide that is currently posted on the Medical Society's website.

There being no further business, the meeting was adjourned at 8:45 P.M. Next meeting is scheduled for May 17, 2010 at 7:00 p.m.

# "I feel very blessed to be cancer-free. I am a very blessed man!"

Mac Gardner of Eureka received treatment for prostate cancer at St. Joseph Hospital.

Mac Gardner, 80, of Eureka has had cancer four times in his life - most recently he was diagnosed with prostate cancer, which he chose to treat at St. Joseph Hospital in Eureka. With the support of his wife, JoAnne, a longtime hospital volunteer, and the expertise of the radiation oncologists and the urologists at St. Joseph Hospital, Mac received prostate seed implants and recently learned he is officially cancer-free.

Today, Mac is back to doing the things he loves most - being with his wife, serving as an elder in the Church of Latter-Day Saints, and making prints on the vintage printing press in his basement. Mac credits the power of prayer and the skilled and compassionate staff at the Cancer Program at St. Joseph Hospital for his recovery. "I am very blessed to be cancer-free," he said.

The Cancer Program is leading the way in the diagnosis and treatment of cancer with the latest technology including 64-Slice CT, Positron Emission Therapy (PET), PET/CT - the all-in-one full body scan, Magnetic Resonance Imaging (MRI), Intensity Modulated Radiation Therapy (IMRT), High Dose Rate Brachytherapy (HDR), and Prostate Seed Implants.

The Cancer Program, 2700 Dolbeer Street, Eureka  
www.stjosepheureka.org • www.redwoodmemorial.org



Mac Gardner  
Prostate Cancer Survivor

The Cancer Program   
ST. JOSEPH  
HEALTH SYSTEM

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Also refer to Practice Opportunities on our website  
[www.hdncms.org](http://www.hdncms.org)

### FAMILY MEDICINE PHYSICIAN NEEDED

to join established practice in Fortuna, CA. Would consider some locum work while considering relocation to our area. If interested please contact: Mary Moriarty, Office Manager, e-mail: Loletamary1@aol.com, (707) 725-3318. (PO)

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for very busy established practice. Total Women's Health including IVF. 4-D OB Ultrasound Machine, Dexa Scanner, Advanced GYN Surgery, High Risk OB, etc. Potential for expanding practice and services. Contact Kim Pfanensteil, Office Manager, (707) 445-3443. (www.stokesmd.com) (DS)

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Mobile Medical Office is looking for a full or part-time. physician or Nurse Practitioner to join our staff. We are a non-profit mobile clinic which brings healthcare to the underserved in Humboldt County. Contact Terri Clark at (707) 443-4666x22 or [tclark@mobilemed.org](mailto:tclark@mobilemed.org) for details(WR)

### WANTED - FAMILY PRACTICE PHYSICIAN

Full or part time. Aviation Medical Examiner preferred. Contact George Jutila, M.D., 725-3334 or [home.md@suddenlink.net](mailto:home.md@suddenlink.net) (GJ)

## FOR SALE

**FOR SALE.** Used Ritter 307 Exam Table. Good working condition. Custom mounted on wheels. Contact Sarah Kerr by e-mail at [sarahk@srpp.org](mailto:sarahk@srpp.org). \$1,000. OBO.

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**2 MEDICAL OFFICES FOR LEASE:** 2504 Harrison Avenue, Eureka, CA. 1688 sq. ft. & 1326 sq. ft. Can be seen by appointment. Phone 530-755-1354 / 916-261-8088.

**FOR LEASE:** Join our new professional medical facilities near Mad River Hospital. Build to suit in new Planned Unit Development. 1200 - 4000 sq. ft. spaces. Contact Mark , 707-616-4416 or e-mail: [Jones202@suddenlink.net](mailto:Jones202@suddenlink.net).

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