

The Spa at Applewood



Life is meant to be enjoyed! Here at Applewood, we give you many ways to find relaxation and pleasure... from reading by the fire with a glass of wine, soaking up rays at the pool, easing tired muscles in a whirlpool tub. Rekindle a romance, take a private tour of top-end wineries, or even say "I do." It's a luxurious location to celebrate a special occasion or simply take time for you. Nestled among the Redwoods, and made of Mediterranean dreams, we've got a collection of treatments to suit your every need.

Swedish Massage

This relaxing treatment soothes the muscles and de-stresses the entire body using a combination of long, sweeping strokes, kneading, percussion and friction. Swedish massage is an excellent choice for a first massage experience.

*May be enhanced with aroma therapy or hot stone treatment

60 Minutes - \$100

90 Minutes - \$135

Note: Side-by-side sessions for two available in 90-minute sessions only.

Deep Tissue Massage

Deep pressure is applied to targeted muscles using various techniques. This intense treatment session is excellent for sports enthusiasts or persons seeking longer-term relief from body aches and pains brought on by prolonged muscle stress or injury.

60 Minutes - \$110

90 Minutes - \$145

Note: Side-by-side sessions for two available in 90-minute sessions only.

Aromatherapy

Aromatic essential oils induce rejuvenating effects to reduce stress and tension, refresh and invigorate the body, soothe emotions and clear the mind. Massaged into the body, inhaled directly into the nostrils, or spritzed into the air, the essential oils promote harmony of the body, mind, and spirit.

60 Minutes - \$110

90 Minutes - \$145

Hot Stone Therapy

Heated stones are used along with Swedish massage to melt away knots and tension within the muscles providing a therapeutic and relaxing experience. Excellent for circulation.

90 Minutes - \$165

Pre-Natal Massage

This gentle treatment nurtures both mother and child by safely relieving lower-back pain, tension, stress and sciatica. A natural body oil nourishes and repairs stressed and stretched skin.

60 Minutes - \$115

90 Minutes - \$150

Ultimate Relaxation Facial

Lavender, chamomile and other herbs are used in this treatment to release tension and stress in both Body and Mind.

60 minutes - \$110

Revitalizing Facial

Antioxidant treatment to revitalize the skin.

60 minutes - \$110

Gentlemen's Facial

A soothing and rebalancing treatment with a man's skin in mind.

60 minutes - \$110

Applewood For Lovers Rejuvenation

Couples side-by-side Swedish massages. A decadent fruit and cheese platter prepared by Applewood's chefs, a dozen long-stem roses, and a chilled bottle of Iron Horse Russian Cuvee awaiting your return to the room after your massages.

90 Minutes - \$350 (all inclusive)

*All facial treatments provide cleansing, exfoliation, masque, toning and moisturizing along with the added treat of a face/neck/hand massage. Our facial products are made from completely fresh organic ingredients that are nourishing and healing, harmonizing to body and soul.

Please note: All treatments are on an "as available" basis. Prior arrangements are strongly encouraged. Treatments are performed in our new spa suite. In order to avoid being charged the full amount of the scheduled treatment, canceling or rescheduling spa treatments requires a 24-hour notification.

Contact us for further information and to book your spa appointment: 1.800.555.8509 or 707.869.9093.

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